

# PROGRAMME TIMETABLE



## PORTO UNICAMP

1ST WEEK

time/day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
07:30 — 08:00	Arrival of new students	Wake up						
08:15 — 08:45		Breakfast at the hotel residences					Breakfast/Pack for camping	
09:00 — 12:30		Placement test/Lessons					Transfer to Adventure park	
13:00 — 14:00		Lunch at the restaurant						
14:30 — 15:30		Rest at the residences				Trip to Guimaraes	Water park	Mountain E-Biking Rope park Sliding car
16:00 — 18:00		Beach/ Rest at hotel	Porto bus tour	Beach	Boat cruise			
18:00 — 19:00		Prepare for dinner	Prepare for dinner	Prepare for dinner	Prepare for dinner	Prepare for dinner	Prepare for dinner	
19:00 — 19:45								
19:45 — 20:30		Dinner						
20:30 — 22:30		Fun activities on site/Free time						
22:30 — 23:00	Bed time							

other
  activities
  food time
  lessons
  wake up/bed time

## PORTO UNICAMP

2ND WEEK

time/day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07:30 — 08:00	Wake up						
08:30 — 09:00	Breakfast/ Pack for departure	Breakfast					
09:00 — 12:30	Zip line Fantasticable Paintball	Lessons				End of programme/ Departure	
13:00 — 14:00		Lunch					
14:00 — 16:00	Rest at residences	Rest at residences	Rest at residences	Rest at residences	Sea life aquarium (optional-extra charge) (15:00-16:30) Surfing (17:00-19:00)		
16:00 — 18:30	Transfer back to Porto						Beach
18:30 — 19:30	Prepare for dinner	Prepare for dinner	Prepare for dinner	Prepare for dinner	Prepare for dinner		
19:30 — 20:30	Dinner						
20:30 — 21:00	Fun activities on site/Free time						Walk old town
21:00 — 22:30							
22:30 — 23:00	Bed time						

other
  activities
  food time
  lessons
  wake up/bed time