



ACADEMY

PRO CAMP SCHEDULE

	Sunday 13	Monday 14	Tuesday 15	Wed.16	Thursday 17	Friday 18	Saturday 19		Sunday 20		Monday 21	Tuesday 22	Wed.23	Thursday 24	Friday 25	Saturday 26
							1-WEEK PLAYERS	2-WEEK PLAYERS	1-WEEK PLAYERS	2-WEEK PLAYERS						
8:00 AM		BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST				BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER
9:00 AM		TRAINING #1	TRAINING #1	TRAINING #1	TRAINING #1	TRAINING #1		BREAKFAST-SHOWER		BREAKFAST-SHOWER	TRAINING #1	TRAINING #1	TRAINING #1	TRAINING #1	TRAINING #1	
9:30 AM																
10:00 AM																
10:30 AM		SHOWER	SHOWER	SHOWER	SHOWER	SHOWER					SHOWER	SHOWER	SHOWER	SHOWER	SHOWER	
11:00 AM		CONFERENCE PRO ACCESSORY AND PHILOSOPHY OF PLAY 1/2	CONFERENCE PRO METHODOLOGY AND PHILOSOPHY OF PLAY 1/2	CONFERENCE MENTAL PREPARATION	CONFERENCE VIDEO ANALYSIS	CONFERENCE NUTRITION AND INVISIBLE TRAINING 1/2					CONFERENCE PRO ACCESSORY AND PHILOSOPHY OF PLAY 2/2	CONFERENCE PRO METHODOLOGY AND PHILOSOPHY OF PLAY 2/2	CONFERENCE MENTAL PREPARATION	CONFERENCE VIDEO ANALYSIS	CONFERENCE NUTRITION AND INVISIBLE TRAINING 2/2	
11:30 AM											SHOWER					
12:00 PM		LUNCH	LUNCH	LUNCH	LUNCH	LUNCH					LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
12:30 PM											AMERICAN BRUNCH					
1:00 PM		GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	CHECK-OUT (1-WEEK PLAYERS)	VISIT OF CHARLOTTE, NC	CHECK-IN		GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	CHECK-OUT
1:30 PM																
2:00 PM																
2:30 PM		TRAINING #2	TRAINING #2		TRAINING #2											
3:00 PM				GAMES/SCRIMMAGES		GAMES/SCRIMMAGES					HIKING / SCAVENGER HUNT			GAMES/SCRIMMAGES	TRAINING #2	GAMES/SCRIMMAGES
3:30 PM	CHECK-IN (DAY+ RESIDENTIAL PLAYER)	COACH BRIEF	COACH BRIEF		COACH BRIEF									COACH BRIEF		
4:00 PM		SHOWER	SHOWER	SHOWER	SHOWER									SHOWER		
4:30 PM																
5:00 PM		LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (CANOEING)	LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (EQUESTRIAN)	LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (FISHING)	LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (BASKETBALL)						TENNIS FOOTBALL TOURNAMENT			LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (BASKETBALL)		AWARD CEREMONY
5:30 PM																
6:00 PM						AWARD CEREMONY										
6:30 PM						ROOMS REVIEW										
7:00 PM	DINER	DINER	DINER	DINER	DINER						DINER	DINER	DINER	DINER	DINER	
7:30 PM																
8:00 PM																
8:30 PM	RESIDENTS KICK-OFF	MOVIE NIGHT	FIFA PLAYSTATION CONTEST	INTRODUCTION TO INDOOR SOCCER	SOCCER QUIZ	BBQ/CAMP FIRE/ WATER FUN					RESIDENTS INDUCTION	MOVIE NIGHT	FIFA PLAYSTATION CONTEST	INTRODUCTION TO INDOOR SOCCER	SOCCER QUIZ	BBQ/CAMP FIRE/ WATER FUN
9:00 PM																
9:30 PM																
10:00 PM	CURFEW	CURFEW	CURFEW	CURFEW	CURFEW	CURFEW					CURFEW	CURFEW	CURFEW	CURFEW	CURFEW	

DAY CAMP

The cells outlined in red on the schedule are designated for day camp players.

ICI C'EST PARIS